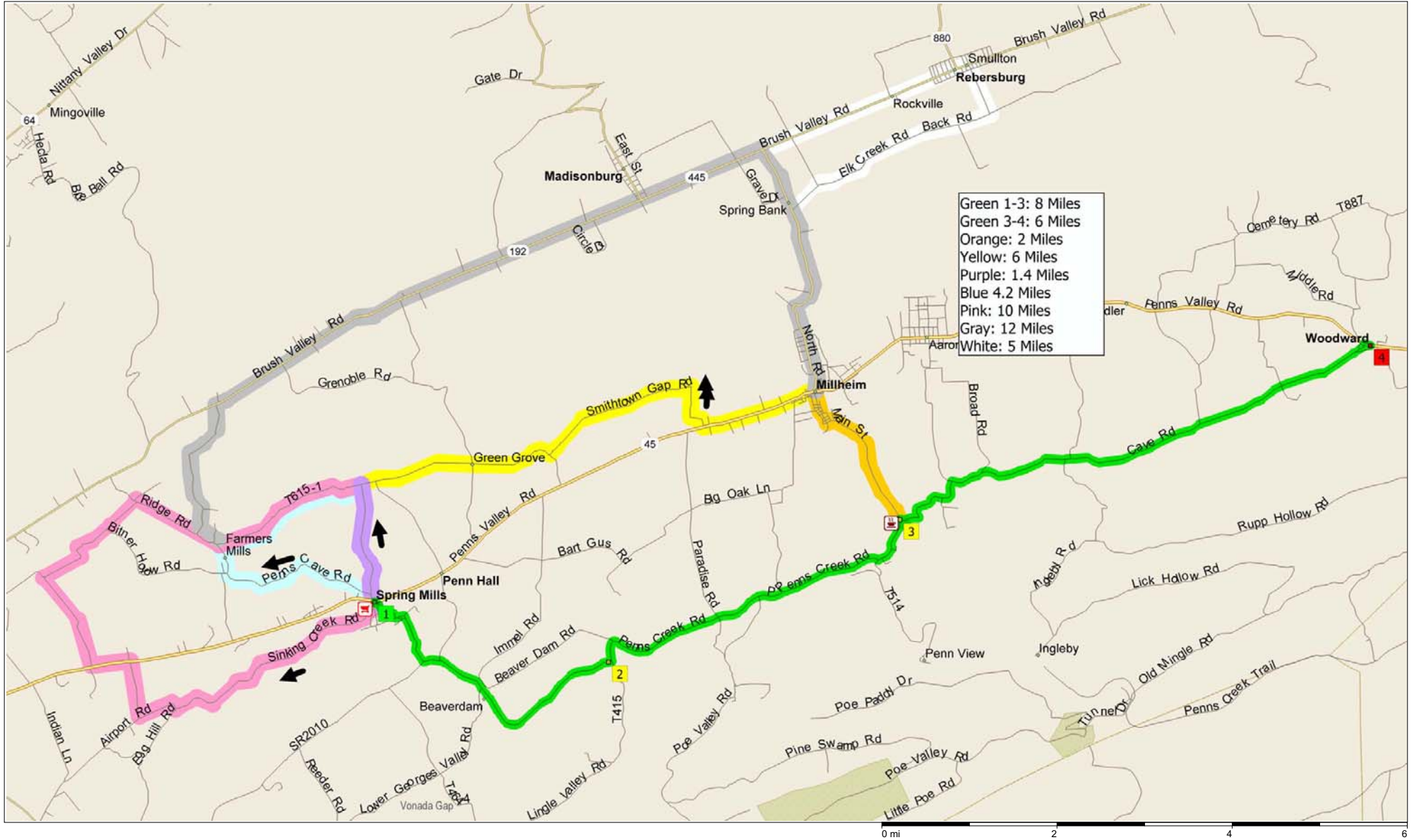


Penns Valley Tours



Ride Description: Tour beautiful Penns Valley, building your own ride using this handy guide. All roads (except small sections on RT 45) are on lightly travelled roads. There are many Amish farms in this area and you're likely to pass a buggy or two. Spring Mills is the center point for these tours, but you can start or stop anywhere. In Spring Mills, park at the grade school. Jodun's Country Store is available for snacks and refreshers, and if you'd like a different kind of refreshment, the Frosty Hook is right across the street.

8 Miles 1 to 3 Spring Mills to Coburn. This is a great beginner's or early season ride. It's 16 miles round trip to Coburn and the terrain is as about as flat as you can expect in Central PA, and it mostly follows right alongside Penn's Creek. Expand your trip by going to Millheim or Woodward, or both! These are all fairly flat routes.

6 Miles 3 to 4 Coburn to Woodward. A great extension to the Spring Mills to Coburn ride. 12 miles Round Trip

2 Miles A short jaunt between Coburn and Millheim. Still flat!

6 Miles This route lets you make a loop rather than backtracking, but be aware, there are a lot of little climbs on this route, and about 1 1/4 miles on RT 45 (though, with good shoulders most of the way). From Millheim, turn right on Smithtown Rd, and climb the hill to where the only paved option is to turn left onto Green Grove Rd (the map shows this as Smithtown Rd, but it's signed as Green Grove). Once up the hill, you'll be rewarded with some great views of Penns Valley. There are a lot of options for getting back to Spring Mills on this route.

1.4 Miles From Green Grove to Spring Mills, turn left on Allison Lane and it's downhill all the way! Whee! However, if you're coming from Spring Mills, it's just the opposite.

4.2 Miles Stay on Green Grove and turn left on Penns Cave Rd, and add a few easy miles on your return to Spring Mills.

10 Miles A quick right from Green Grove onto Penns Cave Rd, then bear left to Ridge Rd. There's usually a climb with any road containing "Ridge" and that's true here, but it's a short one. Turn left onto Middle (aka Manor) Rd, another left onto Decker, Left onto RT 45 for less than a 1/2 mile, right onto Weaver, left onto Airport/Sinking Creek Rd and another "downhill all the way" into Spring Mills.

10 Miles Feeling more adventurous? Take this loop from Millheim along the Millheim Narrows Rd along Elk Creek up to Brush Valley Rd (RT 192). 192 is gently rolling and well-shouldered along the entire route. Turn left onto Penns Cave Road and follow it right back to Spring Mills -- and be sure to check out the Bison at Penns Cave!

5 Miles This jog into Rebersburg adds 5 miles to the gray route, but it's a nice addition. Shaffer's Country Store and Hettinger's Grocery are right across the street from each other. It's worth a visit to both.

Total

Miles Sample Rides

- 8 Green 1-2 Round Trip
- 16 Green 1-3 Round Trip
- 17.4 Green 1-3, Orange, Yellow, Purple
- 20.2 Green 1-3, Orange, Yellow, Blue
- 24 Green 1-3, Orange, Gray, Partial Blue (2 miles)
- 26 Green 1-3, Orange, Yellow, Pink
- 28 Green 1-4 Round Trip.
- 29 Green 1-3, Orange, Gray + White, Partial Blue (2 miles)
- 30 Green 1-3, Orange, Gray, Partial Pink (8 miles)
- 35 Green 1-3, Orange, Gray + White, Partial Pink (8 miles)

Another Option:

On the pink route, follow Manor Rd into Centre Hall, turn left on 144 through Old Fort, & right onto Sinking Creek back to Spring Mills +4 Miles